

YOU CAN AND WILL BE HEALTHIER, WEALTHIER, AND HAPPIER WHEN YOU FOLLOW THIS PLAN!

Let's talk about the seven year body cycle.

Your subconscious mind is open and being programmed for the first seven years of your life.

Between seven and fourteen, you will use this knowledge to conduct your days.

At fourteen your body changes again. You now can do grown up things. From fourteen to twenty one you have chosen a life pattern.

This pattern is the program in your subconscious mind, being good or bad.

It all depends on your environment during the first seven years of your life

Again, you young mothers-to-be, it's up to you to provide a good environment!