

YOU CAN AND WILL BE HEALTHIER, WEALTHIER, AND HAPPIER WHEN YOU FOLLOW THIS PLAN

SEVEN YEAR CYCLE

Divide your age by seven. For example: if you are 21 years old, and the year before and the year after, your physical and mental body is in a changing mode daily. You need to first look after your physical health. Next be careful of the decisions you make in business, and relationships (marriage, etc.).

During this time period you can easily move from left brain dominant, to right brain dominant and the reversal. Be careful in business and relationships! It is best to know this happens in everyones body every seven years!